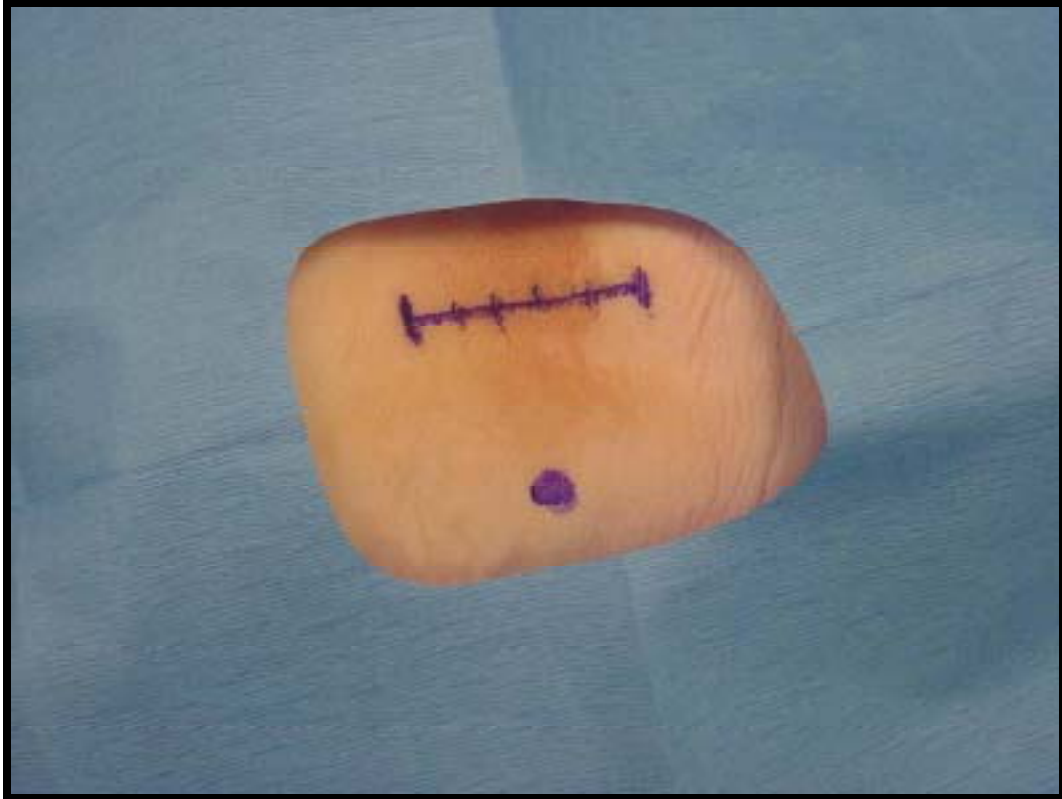


Z-PLASTY or SKIN LESION REMOVAL



Ingredients

- Towels
- Pork hock
- Marking pen
- Blue towel with window

Steps

1. Defrost the pork hock at least 2 hours prior to the procedure



2. Using a marking pen, draw a 4 cm horizontal line which resembles a scar for Z-plasty



OR

a dot 5 mm in diameter for skin lesion removal

3. Roll up a wet towel as a donut ring to balance pork hock



4. A non-slide pad can be put underneath the model and towel "donut ring" for better stabilization.





5. Drape with a blue covering

****Both sides of the pork hock can and should be used***

